FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* BUELL L DICK						2. Issuer Name and Ticker or Trading Symbol Prestige Brands Holdings, Inc. [PBH]								Relationship of Reporting Person(s) to Issuer (Check all applicable) Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last)						3. Date of Earliest Transaction (Month/Day/Year) 07/29/2005								X	Director Officer (give title below)		10% Owner Other (specify below)	
(Street)						4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Indiv Line)	ividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person			
(City)	y) (State) (Zip)														Form filed by More than One Reporting Person			
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day)						Execution [Date,			4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4 a				Securi Benefi	cially I Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
									Code	v	Amount	(A) c (D)	r Pri	ce	Transa	action(s) 3 and 4)		
Common Stock, par value \$0.01 per share 07/29/20						005			A		6,222	A	\$1	\$11.25(1)		5,222	D	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deer Execution if any (Month/I	on Date,		ansaction de (Instr.		of		6. Date Exercisab Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. : and 4)		Deri Seci (Inst		ive derivative Securities	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title	Amour or Number of Shares	er				

Explanation of Responses:

1. The Reporting Person received the 6,222 shares of common stock reported in this transaction in connection with the issuer's director compensation arrangement. Specifically, the Reporting Person received a one-time grant of 1,778 shares of common stock (equal to \$20,000 divided by the closing stock price of \$11.25) and 4,444 shares of restricted common stock (equal to \$50,000 divided by the closing stock price of \$11.25) that vests over two years.

/s/ Jesse Sheley, by power of attorney filed 2/10/05

08/02/2005

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.