FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.0	C. 20549
-----------------	----------

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPRO	OVAL
OMB Number:	3235-0287
Estimated average burd	en
hours per response:	0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Mannelly Matthew					2. Issuer Name and Ticker or Trading Symbol Prestige Brands Holdings, Inc. [PBH]										5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
Manner	<u>ıy Mattnı</u>	<u>ew</u>					0===			-0=/-					X	Direc	ctor		10% C	wner	
(Last) 660 WHI	(Fi TE PLAIN	,	Middle)			3. Date of Earliest Transaction (Month/Day/Year) 01/25/2014										Office below	,	tle Other below dent and CEO		(specify	
(Street) TARRYTOWN NY 10591					4. If Amendment, Date of Original Filed (Month/Day/Year)										i. Indivine)	idual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting					
(City)	(State) (Zip)												Pers	on							
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
Date				Date	. Transaction Date Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction Dis Code (Instr. 5)		Disposed	i. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 D)			4 and Secu Bene Own		cially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
						Code	v	Amount		(A) or (D)	Price	;	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)				
Common Stock, par value \$0.01 per share 01/.					/2014			F		6,240		D	\$30.79		84,336		D				
Common Stock, par value \$0.01 per share														69,424			[By Trust ⁽¹⁾			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,	4. Transactio Code (Insti				6. Date E Expiratio (Month/E	n Dat		7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)			Deriv	rice of ivative curity tr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction((Instr. 4)	Ow For Dire or I (I) (nership m: ect (D) ndirect Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	or Nui of	ount mber ares							

Explanation of Responses:

1. The shares are held by a family trust of which the reporting person is trustee and the beneficiaries are the reporting person's children.

/s/ Matthew M. Mannelly by Samuel C. Cowley as attorney-01/28/2014 in-fact pursuant to power of attorney dated May 9, 2012 on file with the Commission

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.