UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): May 13, 2010

PRESTIGE BRANDS HOLDINGS, INC.

(Exact name of registrant as specified in its charter)

<u>Delaware</u> (State or other jurisdiction of incorporation) 001-32433 (Commission File Number) 20-1297589 (IRS Employer Identification No.)

90 North Broadway, Irvington, New York 10533 (Address of principal executive offices, including Zip Code)

(914) 524-6810

(Registrant's telephone number, including area code)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:
[] Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
[] Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
[] Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
[] Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 2.02 Results of Operations and Financial Condition.

On May 13, 2010, Prestige Brands Holdings, Inc. (the "Registrant") announced financial results for the fiscal quarter and year ended March 31, 2010. A copy of the press release announcing the Registrant's earnings results for the fiscal quarter and year ended March 31, 2010 is attached hereto as Exhibit 99.1 and incorporated herein by reference.

The information in this Form 8-K and Exhibit 99.1 attached hereto shall not be deemed to be "filed" for purposes of Section 18 of the Securities Exchange Act of 1934, as amended, or otherwise subject to the liabilities of that section, unless the Registrant specifically states that the information is to be considered "filed" under the Securities Exchange Act of 1934 or incorporates it by reference into a filing under the Securities Act of 1933, as amended, or the Securities Exchange Act of 1934.

Item 7.01. Regulation FD Disclosure.

The information set forth in Item 2.02 above is incorporated by reference as if fully set forth herein.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits.

See Exhibit Index immediately following the signature page.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Dated: May 13, 2010 PRESTIGE BRANDS HOLDINGS, INC.

By: /s/ Peter J. Anderson

Name: Peter J. Anderson Title: Chief Financial Officer

EXHIBIT INDEX

Exhibit Description

99.1 Press Release dated May 13, 2010 announcing the Registrant's financial results for the fiscal quarter and year ended March 31, 2010 (furnished only).

Prestige Brands Holdings, Inc. Reports Fourth Quarter and Fiscal 2010 Results

Irvington, NY—May 13, 2010—Prestige Brands Holdings, Inc. (NYSE-PBH) today reported results for the fourth fiscal quarter and fiscal year ended March 31, 2010.

Revenues for the fourth fiscal quarter were \$71.4 million, which were \$2.8 million, or 4% greater than the fourth quarter of fiscal 2009. These results reflect revenue increases in the over-the-counter healthcare and household cleaning products segments, and a decline in the personal care products segment. Contributing to the over-the-counter healthcare results was an increase in other revenues which reflects royalty revenue received as a result of a legal settlement.

Reported net income for the fourth fiscal quarter was \$3.3 million, or \$0.07 per diluted share, compared to a loss of \$211.1 million or (\$4.22) per diluted share in the prior year comparable quarter. Excluding charges for the impairment of intangible assets and loss on extinguishment of debt, net income (adjusted) would have been \$7.4 million or \$0.15 per diluted share during the 2010 fourth quarter compared to \$9.0 million or \$0.18 per diluted share in the prior year comparable period. Net income (adjusted) is a "non-GAAP financial measure." A table is included with the financial statements at the end of this news release which reconciles net income (adjusted) to net income, the most directly comparable measure presented in accordance with generally accepted accounting principles.

The decline in net income (adjusted) from 2009 to 2010 was primarily due to increased advertising and promotion (A&P) and general and administrative (G&A) expenses.

Commenting on the results, Matthew Mannelly, President and CEO said, "We are pleased with our revenue growth for the fourth quarter. Our results reflect our commitment to investing in and growing our core OTC brands. Our focus will continue to be against these core brands as we build upon the fourth quarter momentum in fiscal year 2011. In addition, we successfully completed our debt refinancing which we expect to provide us with ample liquidity through 2018, and additional borrowing capacity should an appropriate acquisition opportunity arise."

Results by Segment for Fourth Fiscal Quarter

Over-The-Counter Healthcare

Net revenues for the OTC segment were \$42.6 million, \$2.8 million or 7% greater than the prior year comparable period. Net sales were \$39.5 million, 1% below last year's net sales of \$39.8 million. Increases in sales of Clear Eyes®, Murine®, Compound W®, Dermoplast® and The Doctor's® NightGuard™ were offset by sales declines in Chloraseptic®, Little Remedies®, and the Allergen Block products. Other revenue increased compared to the prior year due to the favorable outcome of a legal dispute.

Household Cleaning Products

This segment reported net revenues of \$27.0 million, \$300 thousand greater than the prior year comparable period. Sales increases in the Spic and Span® and Chore Boy® brands were offset by a slight decline in the Comet® brand.

Personal Care Products

Net revenues for the personal care segment were \$1.8 million, \$300 thousand or 14% below last year's fourth fiscal quarter. The sales decline was primarily due to decreases in sales of Cutex®.

Fiscal Year 2010

The Company reported total revenues of \$302.0 million for the fiscal year ended March 31, 2010, slightly below fiscal 2009 total revenues of \$303.1 million. Reported net income of \$32.1 million, or \$0.64 per diluted share for 2010, compared to a loss of \$186.8 million, or (\$3.74) per diluted share in 2009. Excluding charges for the impairment of intangible assets and loss on extinguishment of debt, and the effects of an increase in deferred tax liabilities related to the divestiture of the shampoo brands, net income (adjusted) was \$37.2 million or \$0.74 per diluted share in 2010, compared to \$33.3 million or \$0.67 per diluted share during 2009. Net income (adjusted) is a "non-GAAP financial measure." A table is included with the financial statements at the end of this news release which reconciles net income (adjusted) to net income, the most directly comparable measure presented in accordance with generally accepted accounting principles.

Free Cash Flow

Free cash flow is a "non-GAAP financial measure" and is presented here because management believes it is a commonly used measure of liquidity, indicative of cash available for debt repayment and acquisitions. The company defines "free cash flow" as operating cash flow minus capital expenditures.

The company's free cash flow for the fourth quarter ended March 31, 2010 was \$8.7 million, a decrease of 34% from free cash flow of \$13.2 million in the fourth fiscal quarter of 2009. The decrease in free cash flow is largely a result of payment of interest incurred by early retirement of certain debt in connection with the company's recent refinancing and an increase in corporate tax receivables. For fiscal year 2010, free cash flow totaled \$58.7 million, composed of operating cash flow of \$59.4 million minus capital expenditures of \$0.7 million. This compared to free cash flow of \$66.2 million for fiscal year 2009, composed of operating cash flow of \$66.7 million less capital expenditures of \$0.5 million.

Conference Call

The Company will host a conference call today at 8:30 a.m. EDT. To access the call, listeners calling from within North America may dial 866-730-5764 at least 15 minutes prior to the start of the call. To access the call from outside North America, callers should dial 857-350-1588. The conference passcode is "prestige". The Company will provide a live internet webcast as well as an archived replay, which can be accessed from the Investor Relations page of http://prestigebrandsinc.com. Telephonic replays will be available for two weeks following the completion of the call and can be accessed at 888-286-8010 within North America, and at 617-801-6888 from outside North America. The passcode is 98000111.

About Prestige Brands Holdings, Inc.

Located in Irvington, New York, Prestige Brands Holdings, Inc. is a marketer and distributor of brand name over-the-counter healthcare, household and personal care products sold throughout the U.S., Canada and certain international markets. Key brands include Compound W® wart remover, Chloraseptic® sore throat and allergy treatment, New-Skin® liquid bandage, Clear Eyes® and Murine® eye and ear care products, The Doctor's® NightGuard™ dental protector, Little Remedies® pediatric over-the-counter products, Cutex® nail polish remover, Comet® and Spic and Span® household products, and other well-known brands.

Forward-Looking Statements

Note: This news release contains "forward-looking statements" within the meaning of the federal securities laws and that are intended to qualify for the Safe Harbor from liability established by the Private Securities Litigation Reform Act of 1995. "Forward-looking statements" generally can be identified by the use of forward-looking terminology such as "assumptions," "target," "guidance," "outlook," "plans," "projection," "may," "will," "would," "expect," "intend," "estimate," "anticipate," "believe, "potential," or "continue" (or the negative or other derivatives of each of these terms) or similar

terminology. The "forward-looking statements" include, without limitation, statements regarding the liquidity and borrowing capacity of Prestige Brands Holdings. These statements are based on management's estimates and assumptions with respect to future events and financial performance and are believed to be reasonable, though are inherently uncertain and difficult to predict. Actual results could differ materially from those expected as a result of a variety of factors. A discussion of factors that could cause results to vary is included in the Company's Annual Report on Form 10-K and other periodic and other reports filed with the Securities and Exchange Commission.

Contact: Dean Siegal 914-524-6819

(In thousands, except per share data)	Thre	l March 31 2009		
Revenues	ф	05 504	ф	00 DEE
Net sales	\$	67,791	\$	68,355
Other revenues		3,591		289
Total revenues		71,382		68,644
Cost of Sales				
Cost of sales		35,917		34,407
Gross profit		35,465		34,237
Operating Expenses				
Advertising and promotion		6,591		5,648
General and administrative		8,108		6,241
Depreciation and amortization		2,771		2,497
Impairment of goodwill and intangible assets		2,751		249,285
Total operating expenses		20,221		263,671
Operating income (loss)		15,244		(229,434)
Other (income) expense				
Interest income		_		_
Interest expense		6,082		5,923
Loss on extinguishment of debt		2,656		-
Miscellaneous		_,000		_
Total other expense		8,738		5,923
Income (loss) from continuing operations before				
income taxes		6,506		(235,357)
Provision (benefit) for income taxes		3,255		(24,117)
Income (loss) from continuing operations		3,251		(211,240)
Discontinued Operations				
Income from discontinued operations, net of				
income tax		36		143
Net income (loss)		3,287		(211,097)
Basic earnings (loss) per share:				
Income (loss) from continuing operations	\$	0.06	\$	(4.23)
Net income (loss)	\$	0.07	\$	(4.22)
Diluted earnings (loss) per share:				
Income (loss) from continuing operations	\$	0.06	\$	(4.23)
Net Income (loss)	\$	0.07		(4.22)
Weighted average shares outstanding:				
Basic		50,030		49,976
Diluted		50,105		49,976
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(In thousands, except per share data)		2010 Y	⁄ear	Ended March 3 2009	31	2008
Revenues Net sales	ф	296,922	\$	200.027	ď	313,125
Other revenues	\$	5,101	Ф	300,937 2,210	\$	1,982
Total revenues		302,023		303,147		315,107
Total revenues		302,023		505,147		313,107
Cost of Sales						
Cost of sales		144,587		144,196		151,811
Gross profit		157,436		158,951		163,296
Operating Expenses		24.226		25 555		24242
Advertising and promotion		31,236		37,777		34,243
General and administrative		34,195		31,888		31,414
Depreciation and amortization		10,552		9,423		9,219
Impairment of goodwill and intangible assets Total operating expenses		2,751 78,734		249,285 328,373		74,876
Total operating expenses		70,734		320,373		74,070
Operating income (loss)		78,702		(169,422)		88,420
Other (income) expense		(1	`	(1.42)		(675)
Interest income		(1		(143)		(675)
Interest expense		22,936 2,656		28,579		38,068
Loss on extinguishment of debt Miscellaneous		2,030		-		(187)
Total other expense		25,591		28,436		37,206
Total other expense		25,551		20,430		57,200
Income (loss) from continuing operations before						
income taxes		53,111		(197,858)		51,214
Provision (benefit) for income taxes		21,849		(9,905)		19,168
Income (loss) from continuing operations		31,262		(187,953)		32,046
Discontinued Operations						
Income from discontinued operations, net of						
income tax		696		1,177		1,873
income (all		050		2,277		1,075
Gain on sale of discontinued operations, net of income tax		157		-		-
Net income (loss)		32,115		(186,776)		33,919
Basic earnings (loss) per share:	ф	0.60	ф	(2.70)	ф	0.64
Income (loss) from continuing operations Net income (loss)	\$	0.63 0.64				0.64
Net income (loss)	\$	0.64	\$	(3.74)	Э	0.68
Diluted earnings (loss) per share:						
Income (loss) from continuing operations	\$	0.62				0.64
Net Income (loss)	\$	0.64	\$	(3.74)	\$	0.68
Weighted groups charge outstanding						
Weighted average shares outstanding:		50,013		40.025		40 7F1
Basic Diluted		50,013		49,935 49,935		49,751 50,039
Difficu		30,003		49,933		50,059
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Prestige Brands Holdings. Inc. Consolidated Balance Sheets (Unaudited)

(In thousands) March 31

	2010	2009
Assets		
Current assets		
Cash and cash equivalents	\$ 41,097	\$ 35,181
Accounts receivable	30,621	36,025
Inventories	29,162	25,939
Deferred income tax assets	6,353	4,022
Prepaid expenses and other current assets	4,917	1,358
Current assets of discontinued operations	-	1,038
Total current assets	112,150	103,563
Property and equipment	1,396	1,367
Goodwill	111,489	114,240
Intangible assets	559,229	569,137
Other long-term assets	7,148	4,602
Long-term assets of discontinued operations	-	8,472
Total Assets	791,412	801,381
Liabilities and Stockholders' Equity		
Current liabilities		
Accounts payable	\$ 12,771	\$ 15,898
Accrued interest payable	1,561	5,371
Other accrued liabilities	11,733	9,407
Current portion of long-term debt	29,587	3,550
Total current liabilities	55,652	34,226
	Ź	,
Long-term debt		
Principal amount	298,500	374,787
Less unamortized discount	3,943	-
Long-term debt less unamortized discount	294,557	374,787
Deferred income tax liabilities	112,144	97,983
Total Liabilities	462,353	506,996
Stockholders' Equity		
Preferred stock - \$0.01 par value		
Authorized – 5,000 shares		
Issued and outstanding – None		
Common stock - \$0.01 par value		
Authorized – 250,000 shares		
Issued – 50,154 shares at March 31, 2010 and 50,060 at March 2009	502	501
Additional paid-in capital	384,027	382,803
Treasury stock, at cost – 124 shares at		
March 31, 2010 and 2009, respectively	(63)	(63)
Accumulated other comprehensive income (loss)	-	(1,334)
Retained earnings (deficit)	(55,407)	(87,522)
Total Stockholders' Equity	329,059	294,385
Total Liabilities and Stockholders' Equity	791,412	801,381
Total Diagnacs and Stockholders Equity	/ 51,414	001,001
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Year Ended March 31

(In thousands)	2010			2009	2008
Operating Activities					
Net income (loss)	\$	32,115	\$	(186,776)	\$ 33,919
Adjustments to reconcile net income (loss) to net cash					
provided by operating activities:					
Depreciation and amortization		11,450		11,219	11,014
Gain on sale of discontinued operations		(253)		-	-
Deferred income taxes		11,012		(19,955)	10,096
Amortization of deferred financing costs		1,926		2,233	3,007
Impairment of goodwill and intangible assets		2,751		249,590	-
Stock-based compensation costs		2,085		2,439	1,139
Loss on extinguishment of debt		2,166		-	-
Changes in operating assets and liabilities					
Accounts receivable		6,404		8,193	(9,052)
Inventories		(3,351)		2,719	477
Prepaid expenses and other current assets		(3,559)		458	(381)
Accounts payable		(3,127)		(2,265)	(975)
Accrued liabilities		(192)		(1,176)	(4,255)
Net cash provided by operating activities		59,427		66,679	44,989
Investing Activities					
Purchases of equipment		(673)		(481)	(488)
Proceeds from sale of discontinued operations		7,993		-	-
Purchases of intangible assets		-		-	(33)
Business acquisition purchase price adjustments		-		(4,191)	(16)
Net cash provided by (used for) investing activities		7,320		(4,672)	(537)
Financing Activities					
Proceeds from issuance of debt		296,046		-	-
Payment of deferred financing costs		(6,627)		-	-
Repayment of long-term debt		(350,250)		(32,888)	(52,125)
Purchase of common stock for treasury		-		(16)	(7)
Net cash used for financing activities		(60,831)		(32,904)	(52,132)
Increase (decrease) in cash		5,916		29,103	(7,680)
Cash - beginning of year		35,181		6,078	13,758
Cash - end of year	\$	41,097	\$	35,181	\$ 6,078
Q					

Three Months Ended March 31, 2010

(In thousands)	C	ver-the- counter calthcare	Household Cleaning				Cons	solidated
Net sales	\$	39,512	\$	26,526	\$	1,753	\$	67,791
Other revenues		3,121		446		24		3,591
Total revenues		42,633		26,972		1,777		71,382
Cost of sales		16,384		18,354		1,179		35,917
Gross profit		26,249		8,618		598		35,465
Advertising and promotion		4,956		1,579		56		6,591
Contribution margin	\$	21,293	\$	7,039	\$	542		28,874
Other operating expenses								10,879
Impairment of goodwill and intangible assets								2,751
Operating income								15,244
Other expenses								8,738
Provision for income taxes								3,255
Income from continuing operations								3,251
Income from discontinued operations, net								
of income tax								36
								2 2 2 2
Net Income							\$	3,287
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Three Months Ended March 31, 2009

(In thousands)	C	Over-the- Counter Healthcare		Household Cleaning				Personal Care		nsolidated
Net sales	\$	39,788	\$	26,451	\$	2,116	\$	68,355		
Other revenues		4		264		21		289		
Total revenues		39,792		26,715		2,137		68,644		
Cost of sales		15,792		17,344		1,271		34,407		
Gross profit		24,000		9,371		866		34,237		
Advertising and promotion		4,545		1,030		73		5,648		
Contribution margin	\$	19,455	\$	8,341	\$	793		28,589		
Other operating expenses								8,738		
Impairment of goodwill and intangible assets								249,285		
Operating loss								(229,434)		
Other expenses								5,923		
Income tax benefit								(24,117)		
Loss from continuing operations								(211,240)		
Income from discontinued operations, net of income tax								143		
Net loss							\$	(211,097)		
-1(0-									

	0		Year Ended March 31, 2010							
(In thousands)	Over-the- Counter Healthcare		Household Cleaning			Personal Care	Con	solidated		
	•	0.10		400 =0=	4			222.222		
Net sales	\$	177,313	\$	108,797	\$	10,812	\$	296,922		
Other revenues		3,150		1,899		52		5,101		
Total revenues		180,463		110,696		10,864		302,023		
Cost of sales										
Cost of sales		66,049		72,118		6,420		144,587		
Gross profit		114,414		38,578		4,444		157,436		
Advertising and promotion		24,220		6,659		357		31,236		
		,		,,,,,,				5 2,23 5		
Contribution margin	\$	90,194	\$	31,919	\$	4,087		126,200		
Other operating expenses								44,747		
Impairment of goodwill and intangible assets								2,751		
Operating income								78,702		
Other expenses								25,591		
Provision for income taxes								21,849		
Income from continuing operations								31,262		
Income from discontinued operations, net of income tax								696		
Gain on sale of assets, net of income tax								157		
Net Income							\$	32,115		

			Year Ended March 31, 2009									
	(over-the- Counter ealthcare	Household Cleaning			Personal Care	Co	nsolidated				
(In thousands)												
Net sales	\$	176,878	\$	113,923	\$	10,136	\$	300,937				
Other revenues		97		2,092		21		2,210				
Total revenues		176,975		116,015		10,157		303,147				
Cost of sales		63,459		74,457		6,280		144,196				
Cross profit		113,516		/1 EEO		3,877		158,951				
Gross profit				41,558		457						
Advertising and promotion		29,695		7,625		45/		37,777				
Contribution margin	\$	83,821	\$	33,933	\$	3,420		121,174				
Other operating expenses		,		ĺ		,		41,311				
Impairment of goodwill and intangible assets								249,285				
Operating loss								(169,422)				
Other expenses								28,436				
Income tax benefit								(9,905)				
Loss from continuing operations								(187,953)				
Income from discontinued operations, net of income tax								1,177				
Net loss							\$	(186,776)				
	40											
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		Year Ended March 31, 2008							
(In thousands)	C	ver-the- ounter althcare	Household Cleaning		Personal Care		Cor	ısolidated	
Net sales	\$	183,641	\$	119,224	\$	10,260	\$	313,125	
Other revenues		51		1,903		28		1,982	
Total revenues		183,692		121,127		10,288		315,107	
Cost of sales		69,344		75,459		7,008		151,811	
Gross profit		114,348		45,668		3,280		163,296	
Advertising and promotion		26,188		7,483		572		34,243	
Contribution margin	\$	88,160	\$	38,185	\$	2,708		129,053	
Other operating expenses								40,633	
Impairment of goodwill and intangible assets								-	
Operating income								88,420	
Other expenses								37,206	
Provision for income taxes								19,168	
Income from continuing operations								32,046	
Income from discontinued operations, net of income tax								1,873	
Net Income							\$	33,919	

Prestige Brands Holdings, Inc. Reconciliation of Net Income to Adjusted Net Income (Unaudited)

(In thousands)	 ee Months E 2010	Endec	l March 31 2009	Year Ended 2010	l Ma	rch 31 2009
Net income (loss)	\$ 3,287	\$	(211,097)	\$ 32,115	\$	(186,776)
Adjustments:						
Loss on extinguishment of debt	2,656		-	2,656		-
Impairment of goodwill and intangibles	2,751		249,590	2,751		249,590
Increase in deferred tax liability related to						
the divestiture of the shampoo brands	-		-	931		-
Income tax benefit	(1,261)		(29,511)	(1,261)		(29,511)
	4,146		220,079	5,077		220,079
Adjusted net income	\$ 7,433	\$	8,982	\$ 37,192	\$	33,303
Basic earnings per share on adjusted						
net income	\$ 0.15	\$	0.18	\$ 0.74	\$	0.67
Diluted earnings per share on adjusted						
net income	\$ 0.15	\$	0.18	\$ 0.74	\$	0.67
Weighted average shares outstanding:						
Basic	50,030		49,976	50,013		49,935
Diluted	50,105		49,976	50,085		49,935