SEC Form 4	
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this	box if no longer subject to
	Form 4 or Form 5
	may continue. See
Instruction	

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

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	*	2. Issuer Name and Ticker or Trading Symbol Prestige Consumer Healthcare Inc. [PBH]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
<u>KY E</u>		[]	X	Director	10% Owner		
irst)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 07/30/2019		Officer (give title below)	Other (specify below)		
		4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv Line)	ividual or Joint/Group Filing (Check Applicable			
IV	10501		X	Form filed by One Reporting Person			
				Form filed by More than Person	One Reporting		
State)	(Zip)						
	<u>RY E</u> irst) IS ROAD Y	rist) (Middle) IS ROAD Y 10591	Prestige Consumer Healthcare Inc. PBH irst) (Middle) IS ROAD 3. Date of Earliest Transaction (Month/Day/Year) Y 10591	Prestige Consumer Healthcare Inc. [PBH] (Check X irst) (Middle) IS ROAD 3. Date of Earliest Transaction (Month/Day/Year) Y 10591	Prestige Consumer Healthcare Inc. [PBH] (Check all applicable) XY E 3. Date of Earliest Transaction (Month/Day/Year) (Check all applicable) irst) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) Officer (give title below) IS ROAD 4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing Line) X Form filed by One Reportion Form filed by More than Person		

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code (8)		4. Securities Disposed Of (5)			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1130.4)
Common Stock, par value \$0.01 per share	07/30/2019		Α		4,183 ⁽¹⁾	Α	\$ <mark>0</mark>	46,468	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

	I		1	1		1	_	[1				1	1
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exerc Expiration Da (Month/Day/Y	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Ownership Form: Direct (D)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

1. The Reporting Person received 4,183 restricted stock units (equal to \$145,000 divided by the closing stock price of \$34.67 on July 30, 2019) in connection with the Issuer's director compensation program. The restricted stock units vest immediately upon grant and will be settled by delivery to the Reporting Person of one share of common stock of the Issuer for each vested restricted stock unit promptly following the earliest of (i) the Reporting Person's death, (ii) the Reporting Person's separation from service or (iii) change in control.

/s/ Gary E. Costley by WilliamP'Pool attorney-in-factpursuant to power of attorneydated May 8, 2017 on file withthe Commission

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.