FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

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ashington,	D.C.	20549	

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL							
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* HOPKINS SHEILA				2. Issuer Name and Ticker or Trading Symbol Prestige Consumer Healthcare Inc. [PBH]							(C	heck all app	tionship of Reportir all applicable) Director		rson(s) to Is 10% Ov				
(Last)	(F	irst) (I	Middle)			3. Date of Earliest Transaction (Month/Day/Year) 08/06/2024								Office below	er (give title v)		Other (s below)	specify	
660 WH	ITE PLAI	NS ROAD			4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)						6. Individual or Joint/Group Filing (Check Applicable Line)							
(Street)	ΓOWN N	Y 1	0591													filed by Mo		oorting Perso in One Repo	
(City)	(8	tate) (2	Zip)		Rule 10b5-1(c) Transaction Indication														
		Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.																	
		Table	I - No	n-Deriva	tive S	Secu	rities	Acq	uired,	Dis	posed of	, or	Ben	eficia	ally Own	ed			
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da				Execution Date		Date,	Transaction Dis		Disposed (Securities Acquired (A sposed Of (D) (Instr. 3,			nd Securit Benefic Owned	ities Folicially (D		n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount	(A (D) or)	Price		ted action(s) 3 and 4)			(Instr. 4)
Common	mmon Stock, par value \$0.01 per share 08/06/		2024		A		2,202(1)) A \$		\$0	0 28,029			D					
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversior or Exercise Price of Derivative Security		if any	emed ion Date, /Day/Year)		Transaction of E Code (Instr. Derivative (Expiration Date (Month/Day/Year) Sec Unc Der Sec			7. Title and Amount of Securities Underlying Derivative Security (Inst 3 and 4)		g nstr.	8. Price of Derivative Security (Instr. 5)		Owners Form: Direct (or Indir (I) (Inst	Ownership	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	or Nur of	ount nber ires					

Explanation of Responses:

1. The Reporting Person received 2,202 restricted stock units equal to \$150,000 divided by the closing stock price of \$68.13 on August 6, 2024, in connection with the Issuer's director compensation program. The restricted stock units vest on the first anniversary of grant and will be settled by delivery to the Reporting Person of one share of common stock of the issuer for each vested restricted stock unit promptly following the earliest of (1) the Reporting Person's death, (ii) the Reporting Person's separation or (iii) change in control.

> /s/ Shelia A. Hopkins by Christine Sacco Attorney-in-08/07/2024 Fact pursuant to Power of

Attorney Dated May 8, 2017 on file with the Commission

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.