FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Vashington,	D.C. 20549	
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Check this box if no longer subject
to Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     ZIER DAWN M.						2. Issuer Name and Ticker or Trading Symbol Prestige Consumer Healthcare Inc. [ PBH ]									Relationship leck all app X Direc	,	ng Per	rson(s) to Is	
(Last) (First) (Middle) 660 WHITE PLAINS RD.						3. Date of Earliest Transaction (Month/Day/Year) 08/04/2020									Office below	er (give title w)		Other (s below)	specify
(Street) TARRY (City)	TOWN N		.0591 Zip)		4. If A										e) X Form Form	dual or Joint/Group Filing (Check Applicable  Form filed by One Reporting Person  Form filed by More than One Reporting  Person			
		Table	I - No	n-Deriva	tive S	Secu	rities	Acq	uired,	Dis	posed of	, or I	Bene	eficia	lly Own	ed			
1. Title of Security (Instr. 3)  2. Transac Date (Month/Date)					Execution Date,			3. 4. Securities Acquir Transaction Disposed Of (D) (Ins Code (Instr. 8)						d Securit	Amount of ecurities eneficially wned Following		n: Direct r Indirect istr. 4)	7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	(A) or (D)		Price	Transa	ed ction(s) 3 and 4)			(Instr. 4)
Common Stock, par value \$0.01 per share 08				08/04/	2020				A		3,732(1)	) A		\$ <mark>0</mark>	4,639			D	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	rivative Conversion Date Execution Date, curity or Exercise (Month/Day/Year) if any				ransaction of Code (Instr. Derivativ			6. Date Expirati (Month/	7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4)		nstr.	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	у	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficia Ownership (Instr. 4)			
					Code	Code V (A) (I			Date Expiration Exercisable Date		Expiration Date	Title	of e Shares						

## **Explanation of Responses:**

1. The Reporting Person received 3,732 restricted stock units (equal to \$145,000 divided by the closing stock price of \$38.86 on August 4, 2020) in connection with the Issuer's director compensation program. The restricted stock units vest immediately upon grant and will be settled by delivery to the Reporting Person of one share of common stock of the Issuer for each vested restricted stock unit promptly following the earliest of (i) the Reporting Person's death, (ii) the Reporting Person's separation from service or (iii) change in control.

> /s/ Dawn M. Zier by William P'Pool as attorney-in-fact pursuant to power of attorney

08/06/2020

dated May 4, 2020 on file with

the Commission

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

<sup>\*\*</sup> Signature of Reporting Person Date