FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

l	OMB APPROVAL								
l	OMB Number:	3235-0287							
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l	hours per response:	0.5							

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(h)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

1. Name and Address of Reporting Person [*] RICCIARDI NATALE S					2. Issuer Name and Ticker or Trading Symbol Prestige Consumer Healthcare Inc. [PBH]									Relationshi heck all ap X Dire	,		to Issuer % Owner		
(Last) (First) (Middle) 660 WHITE PLAINS ROAD					3. Date of Earliest Transaction (Month/Day/Year) 07/30/2019									Offic belo	er (give title w)		ner (specify low)		
(Street) TARRYT (City)			L0591 Zip)		4. If	Ame	ndment,	Date o	f Original	Filed	(Month/Da	ıy/Year)	6. Lir	ne) X Forr	or Joint/Group on filed by One on filed by Mor on	e Reporting	Person	
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da					Execution Date,		3. Transaction Code (Instr. 8) 4. Securities Acquire Disposed Of (D) (Inst 5)				d Secur Benef	icially d Following	6. Ownersh Form: Direc (D) or Indire (I) (Instr. 4)	of Indirect ct Beneficial Ownershi	of Indirect Beneficial Ownership				
							Code	v	Amount (A) or (D)		Price	Trans	action(s) 3 and 4)		(Instr. 4)				
Common	Stock, par	value \$0.01 per s	share	07/30	/2019	2019 A 4,183 ⁽¹⁾ A		\$0) 1	15,768									
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,	4. Transaction Code (Instr. 8)		n of		6. Date Exercisa Expiration Date (Month/Day/Year		9	7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		tr. 3	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficia Ownershi	ct al
Code		Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	Amo or Num of Shar	ber								

Explanation of Responses:

1. The Reporting Person received 4,183 restricted stock units (equal to \$145,000 divided by the closing stock price of \$34.67 on July 30, 2019) in connection with the Issuer's director compensation program. The restricted stock units vest immediately upon grant and will be settled by delivery to the Reporting Person of one share of common stock of the Issuer for each vested restricted stock unit promptly following the earliest of (i) the Reporting Person's death, (ii) the Reporting Person's separation from service or (iii) change in control.

/s/ Natale S. Ricciardi by
William P'Pool as attorney-infact pursuant to power of 08/01/2019
attorney dated May 8, 2017 on
file with the Commission

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.