FORM 4

to Section 16. F obligations may

Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549
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	STATEMENT OF CHANCES IN DENEELCIAL	OWNEDCHID
Check this box if no longer subject	STATEMENT OF CHANGES IN BENEFICIAL	OWNERSHIP
to Section 16. Form 4 or Form 5		
obligations may continue. See		

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* RICCIARDI NATALE S						2. Issuer Name and Ticker or Trading Symbol Prestige Consumer Healthcare Inc. [PBH]									ck all app	ationship of Reportir all applicable) Director		erson(s) to Is	
(Last) 660 WH	(Last) (First) (Middle) 660 WHITE PLAINS RD.					3. Date of Earliest Transaction (Month/Day/Year) 08/02/2022									Office below	er (give title w)		Other (below)	specify
(Street) TARRY	FOWN NY	ate) (Ž	0591 Zip)	n Doriva		4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group F Line) X Form filed by One F Form filed by More Person										e Rep	porting Pers	on	
		lable	I - NO	n-Deriva	itive	secu	rities	Acq	uirea,	DIS	posea or	, or E	sene	TICIAI	y Own	ea			
1. Title of Security (Instr. 3) 2. Transa Date (Month/D					Exe if ar	Deemed ecution Date, ny onth/Day/Year)				es Acquired (A Of (D) (Instr. 3,			5. Amo Securit Benefic Owned Report	ies cially Following	Forn (D) c	n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
								Code	v	Amount	(A) (D)	or I	Price	Transa	ction(s) 3 and 4)			(mou. 4)	
Common Stock, par value \$0.01 per share			08/02/	/2022				A		2,495(1)) A		\$ <mark>0</mark>	24,803			D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	rsion rcise (Month/Day/Year) Fxecution Date, if any (Month/Day/Year) titve ty		4. Transa Code (8)			6. Date Exercisable and Expiration Date (Month/Day/Year) Date Expiration Exercisable Date			7. Title and Amount of Securities Underlying Derivative Security (Inst: 3 and 4) Amour or Numbe of Title Shares		str.	Price of erivative ecurity nstr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	y	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficat Ownership (Instr. 4)		

Explanation of Responses:

1. The Reporting Person received 2,495 restricted stock units (equal to \$150,000 divided by the closing stock price of \$60.12 on August 2, 2022) in connection with the Issuer's director compensation program. The restricted stock units vest on the first anniversary of grant and will be settled by delivery to the Reporting Person of one share of common stock of the Issuer for each vested restricted stock unit promptly following the earliest of (i) the Reporting Person's death, (ii) the Reporting Person's separation from service or (iii) change in control.

> William P'Pool as attorney-in-08/03/2022 fact pursuant to power of

attorney dated May 8, 2017 on file with the Commission

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.