FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number: 3235-0287									
Estimated average burden									
hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Sacco Christine (Last) (First) (Middle) 660 WHITE PLAINS RD.					3. E	Issuer Name and Ticker or Trading Symbol Prestige Consumer Healthcare Inc. [PBH] 3. Date of Earliest Transaction (Month/Day/Year) 05/02/2022								(Che	5. Relationship of Reporting Person(s) to Issuer Check all applicable) Director 10% Owner X Officer (give title Other (specify below) Chief Financial Officer				
(Street) TARRY	TOWN N		10591 (Zip)		4. 1	4. If Amendment, Date of Original Filed (Month/Day/Year)							Line	ndividual or Joint/Group Filing (Check Applicable a) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Tab	le I - Nor	n-Deriv	ative	e Se	curities	s Ac	quired,	Dis	posed o	f, or B	enet	ficiall	/ Owned				
1. Title of Security (Instr. 3) 2. Transar Date (Month/Date)							2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction Dispose Code (Instr. 5)						5. Amou Securitie Beneficia Owned F	s ally following	Form (D) o	n: Direct r Indirect istr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
						Code	v	Amount (A) or (D)		Price	Transaction(s) (Instr. 3 and 4)				(mou. 4)				
Common Stock 05/02					2/202	/2022		Α		6,120 ⁽¹⁾ A		A	\$0	34	34,315		D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution I if any (Month/Day	Date,	4. Transa Code (I 8)		of		6. Date Exercisa Expiration Date (Month/Day/Year		•	of Secu Underly Derivati	7. Title and Amour of Securities Underlying Derivative Securit (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transactie (Instr. 4)	e S Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership t (Instr. 4)
					Code	v			Date Exercisal	Date E Exercisable D		or Nur of		ımber					
Employee Stock Option (right to buy)	\$54.47	05/02/2022			A		17,050		(2)	0	05/02/2032	Commo Stock	on 17	7,050	\$0	17,05	0	D	

Explanation of Responses:

- 1. The Restricted Stock vests in three equal installments each of 2,040 shares on May 2, 2023, 2024 and 2025.
- 2. The Options vest in three installments each of 5,683 shares on May 2, 2023 and 2024 and 5,684 shares on May 2, 2025.

/s/ Christine Sacco by William P'Pool as attorney-in-fact 05/04/2022 <u>pursuant to power of attorney</u> dated May 8, 2017 on file with the Commission

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.