Instruction 1(b)

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Washington, D.C. 20049

STATEMENT	OF CHANGES	S IN BENEFICIA	AL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL										
OMB Number:	3235-0287									
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1. Name and Address of Reporting Person* <u>Lombardi Ronald M.</u>						2. Issuer Name and Ticker or Trading Symbol Prestige Brands Holdings, Inc. [PBH]									all applic	nship of Reporting Pe applicable) Director Officer (give title pelow) Chief Financia		10% Ov	vner
(Last) (First) (Middle) 660 WHITE PLAINS RD.						3. Date of Earliest Transaction (Month/Day/Year) 08/20/2013								X	below)			Other (specify below)	
(Street) TARRYTOWN NY 10591					4.1	4. If Amendment, Date of Original Filed (Month/Day/Year)								i. Indiv ine)	lividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person				
(City)	(S	state)	(Zip)		-										Form filed by More than One Reporting Person				
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/N					Execution Date,			3. 4. Securities Disposed Of Code (Instr. 8)		s Acquired (A) or If (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
								Code	v	Amount	(A) or (D)	Price		Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Common Stock, par value \$0.01 per share 08/20/20					2013	13		M		17,164	A	\$11.	11.27 1		.3,340		D		
Common Stock, par value \$0.01 per share 08/20/20					2013				S		17,164	D	\$32.02	(1)(2)	96,176			D	
		-	Table I								posed of, , convertil				wned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	on Date,		ansaction ode (Instr.				Exercition Dayl		7. Title and Amo of Securities Underlying Derivative Secu (Instr. 3 and 4)		Do	. Price of erivative ecurity nstr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	ly C	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercis	sable	Expiration Date	Title	Amou or Numb of Share	er					
Employee Stock Option	\$11.27	08/20/2013			М			17,164	(3))	05/09/2021	Common Stock	17,16	64	\$0	24,645	,	D	

Explanation of Responses:

1. Reflects the weighted average sale price. The reporting person effected multiple same-way open market sale transactions on the same day at different prices through a trade order executed by a broker-dealer. The reporting person reported on a single line all such transactions that occurred within a one dollar price range. The reporting person hereby undertakes to provide upon request by the Securities and Exchange Commission staff, the issuer, or a shareholder of the issuer, full information regarding the number of shares sold at each separate price.

- 2. The range of prices for such transaction is \$32.00 to \$32.08.
- 3. The option vests in three approximately equal annual installments beginning on May 10, 2012.

/s/ Ronald M. Lombardi by
Samuel C. Cowley pursuant to
power of attorney dated May 8, 08/22/2013
2012 on file with the
Commission

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.