FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(h)

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

**OMB APPROVAL** OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person     Zerillo Jeffrey							Prestige Consumer Healthcare Inc. [ PBH ]									nsnip of Reporting applicable) Director Officer (give title		10% Ov	vner
(Last) (First) (Middle) 660 WHITE PLAINS ROAD						3. Date of Earliest Transaction (Month/Day/Year) 05/06/2019									below)			Other (s below) rations	:pecity
(Street) TARRYTOWN NY 10591					4.1	4. If Amendment, Date of Original Filed (Month/Day/Year)									ndividual or Joint/Group Filing (Check Applicable  2)  X Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)																			
		Tak	le I - Noi	n-Deriv	/ativ	e Se	curities	s Ac	quired,	Dis	posed o	f, or E	Bene	ficiall	y Owned				
1. Title of Security (Instr. 3)  2. Transac Date (Month/Date)						ear)	if any	cution Date,		ction Instr.		urities Acquired (A) sed Of (D) (Instr. 3, 4			5. Amou Securitie Benefici Owned F Reporte	es Formally (D) (Sollowing (I) (I		n: Direct r Indirect istr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
						Code	v	Amount	t (A) or (D)		Price	Transact	Transaction(s) (Instr. 3 and 4)			(			
Common Stock, par value \$0.01 per share 05/06/.							2019				3,490	(1)	A	\$ <mark>0</mark>	12,986			D	
Common Stock, par value \$0.01 per share 05/07/.						2019			F		1,117	7 ]	)	\$30.1	5 11,869			D	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	Date,	4. Transa Code (1 8)				6. Date Ex Expiration (Month/Da	n Date	r) of Sec Underl Deriva		Title and Amount Securities Aderlying Privative Security str. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e S Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
					Code	v			Date Exercisab		Expiration Date	Title	OI N Of	umber					
Employee Stock Option (right to buy)	\$30.32	05/06/2019			A		10,063		(2)	(	05/06/2029	Commo Stock		0,063	\$0	10,06	3	D	

## **Explanation of Responses:**

- 1. The restricted stock units vest in three annual installments as follows: 1,163 shares each on May 6, 2020, 2012 and 1,164 shares on May 6, 2022.
- 2. The option vests in three annual installments as follows: 3,354 shares on each May 6, 2020, 2021 and 3,355 on May 6, 2022.

/s/ Jeffrey Zerillo by William P'Pool attorney-in-fact pursuant

to power of attorney dated

05/08/2019 August 7, 2018 on file with the

Commission

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.