FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Nashington,	D.C. 20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number: 3235-0287								
Estimated average burden								
hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Mekhail Adel						2. Issuer Name and Ticker or Trading Symbol Prestige Consumer Healthcare Inc. [ PBH ]								(Chec	ationship of Reporting all applicable) Director Officer (give title below) EVP, Marke		10% Ov		vner
(Last) (First) (Middle) 660 WHITE PLAINS RD.						3. Date of Earliest Transaction (Month/Day/Year) 05/04/2022								X					Specify
(Street) TARRY	ΓOWN N		0591		4. If <i>i</i>	Amend	ment,	Date o	of Origina	al File	d (Month/Da	y/Year		6. Individual or Joint/Group Filing (Check Applicatine)  X Form filed by One Reporting Person Form filed by More than One Reporting Person					son
(e.g)	(City) (State) (Zip)  Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3)  2. Transact Date (Month/Day					Execution Date,			3. Transaction Disposed Of (D) (Instr. 3, 8)				4 and Secur Benef Owne		ities icially d Following (		wnership m: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount	(A) (D)	or Pric	e	Report Transa (Instr. 3	ction(s)			(Instr. 4)
Common Stock, par value \$0.01 per share 05/04.				05/04/2	2022		F		482	D \$55.34		5.34	16,172			D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversior or Exercise Price of Derivative Security	Exercise (ce of rivative curity (Month/Day/Year) if any (Month/Day/Year) 8)		Transa Code (	Instr. Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			6. Date Exercisable and Expiration Date (Month/Day/Year)  Date Exercisable Expiration Date			7. Title and Amount of Securities Underlying Derivative Security (Inst 3 and 4)  Amoun or Numbe of Title Shares		t		9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	у	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	

**Explanation of Responses:** 

/s/ Adel Mekhail by William P'Pool as attorney-in-fact pursuant to power of attorney 05/06/2022 dated May 14, 2019 on file with the Commission

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.